



## Olive Academies

### Personal, Social, Health and Economic (PSHE) Education Policy

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Academies to note:	This is an OA policy which should not be modified (if applicable)

#### 1. Introduction

The Olive Academies Multi-Academy Trust is committed to meeting the needs of pupils and ensuring that they make progress. We aim to achieve this in line with our values and beliefs:

- Conviction – everyone has the capacity to reach their potential;
- Determination – not giving up on those who have not yet experienced consistent success;
- Ambition – all challenges can be overcome with the right support both in education and in life;
- Reflection – learning from experiences and developing a capacity to improve further.

Personal, social, health and economic (PSHE) education is an important and necessary part of all students' education.

PSHE is a non-statutory subject which encompasses many areas of study. Within each of its academies, Olive Academies provides a PSHE programme which compliments the statutory content outlined in the wider curriculum and guidance on: drug education, financial education, sex and relationship education (SRE) and the importance of a healthy lifestyle and being safe including e-safety.

This policy should be read in conjunction with the OA Sex and Relationship Education policy and the Visiting Speaker Policy.

## **2. Statement of intent**

At Olive Academies, we believe that provision of Personal, Social, Health and Economic education at Key Stage 3 and 4 will help students lead confident, healthy and responsible lives as individuals and members of society.

Through a range of lessons and activities across and beyond the curriculum, pupils gain practical knowledge and skills to help them live healthily and deal with the spiritual, moral, social and cultural issues they may face as they approach adulthood.

## **3. Implementation**

The teaching of PSHE will be delivered across the wider curriculum including The Olive Way and Coaching. Every student works with their own coach. Coaches provide nurturing one-to-one care and support, mentoring students throughout their time at our academy and during their transition back into mainstream school. Coaching time will develop students' well-being and self-esteem encouraging belief in their ability to succeed and enabling them to take responsibility for their learning and future choice of courses and career. Students will be taught PSHE (including Relationships and Sex Education) a minimum of two lessons per week.

## **4. Organisation and content of the programme; teaching methods; staffing**

The OA PSHE programme is mapped using the government recommended PSHE Association programme of study and refers to the statutory guidance on Relationships Education, Relationships and Sex Education and Health Education [www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education](http://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education).

The schemes of work are altered from year to year, in the interest of continuing improvement in the quality of education at Olive Academies. The new compulsory elements of PSHE have been integrated within a broader PSHE education programme. This includes coverage of economic wellbeing, careers and enterprise education, as well as education for personal safety, including assessing and managing both negative and positive risks.

The compulsory elements at Key Stage 2, 3 & 4 are:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating

- Drugs, alcohol and tobacco
- Health and prevention
- Basic First Aid
- Changing adolescent body
- Relationship and Sex Education

PSHE education is delivered by teaching staff and coaching staff at various times during the academic week. Students will take part in The Olive Way and Coaching time alongside core subjects and their learning pathways. Staff will receive bespoke opportunities to develop their subject knowledge as part of the Olive Academy staff training programme. Staff will also be able to access specialist knowledge via the PSHE Association resources and the OA CPD offer.

Lessons will be well planned in advance allowing for detailed sensitive planning taking into account students that may find certain issues difficult. This timely approach will also give the opportunity for teachers, and coaches to raise any sensitive issues regarding delivery of lessons. At the start of lessons, learning objectives will be made clear and there will be frequent checks on understanding through review. Teachers must display excellent knowledge of PSHE and skillfully manage discussions on sensitive and controversial issues.

Academies will consider what local data tells them about the specific issues and risks that students are likely to encounter. These may include local statistics on teenage pregnancy, county lines, drug and alcohol misuse, as well as poverty indicators debt levels and food bank use. The Designated Safeguarding Lead will ensure that local and internal data is closely monitored and covered within the content of the PSHE programme.

Olive Academies work in collaboration with charities, specialists and external training providers to support the delivery of key topics, for example St Giles Trust and Street Doctors. Each academy works with local providers who can provide dynamic learning opportunities which reflect the changing local context.

Reflection is an essential part of learning. It helps pupils to consolidate the knowledge and skills they have been learning and to form new understanding and attitudes. Reflection prompted by questions and discussion forms part of the programme of work.

Olive Academies will combine the teaching of PSHE through:

- Core and foundation curriculum areas
- Cross-curricular projects
- Reflect, Restore, Acknowledge
- Whole school events and specialist days
- Educational visits and trips
- Careers education, information and guidance
- Work experience

The content of the PSHE programme will be delivered using a variety of teaching methods including discussion, presentation, role play, extended writing and questioning.

## **5. Confidentiality**

It is important that appropriate ground rules are established for some sensitive topics within the PSHE programme of study. If a member of staff becomes worried about a child's health, state of mind or safety as a result of comments during PHSE the concerns should be reported in line with the academy's Safeguarding/Child Protection policy.

Any external contributor should work within academy policies relating to handling sensitive issues and confidentiality, health and safety and any specific policies relating to subject content such sex and relationships education. It is essential that safeguarding protocols and policies are clearly shared with any visitor to the classroom, including the boundaries for what can and cannot be kept confidential and that these protocols and policies are fully adhered to.

## **6. Working with parents**

OA hope that parents will support both the policy and the practice of PSHE. Parents who would like to know more in detail about the programme of study, the resources and the staffing are very welcome and should contact the academy's head in the first instance.

## **7. Monitoring, evaluation and review**

The PSHE curriculum will be led by the Assistant Headteacher responsible for Personal Development, Behavior and Welfare. They will work closely with the Deputy Headteacher responsible for the curriculum to quality assure the programme.

Progress and outcomes arising out of the PSHE programme will be reported on at each academy's advisory board and this policy will be reviewed every three years at a minimum but will be updated in line with any changes in legislation sooner than that. The review will include an assessment of its implementation and effectiveness.